

**Summer**

**Paralympic  
Sports**



Archery  
Athletics  
Boccia  
Para Canoe  
Para Cycling  
Para Equestrian  
Goalball  
Judo  
Para Triathlon  
Powerlifting  
Rowing  
Sailing  
Shooting  
Sitting Volleyball  
Soccer 7-a-Side  
Swimming  
Table Tennis  
Wheelchair Basketball  
Wheelchair Fencing  
Wheelchair Rugby  
Wheelchair Tennis



[www.paralympic.ca](http://www.paralympic.ca)



**Canadian  
Paralympic  
Committee**

**Comité  
paralympique  
canadien**

**Winter Paralympic Sports**

Para Alpine  
Para Ice Hockey  
Para Nordic  
Para Snowboard  
Wheelchair Curling



***Are You Canada's  
Next Paralympic  
Athlete?***



***Put Your Skills  
to the Test at  
the Paralympian  
Athlete Search***







Current, Former or New Athletes Welcome

## What is the Search?

PARALYMPIAN SEARCH is a one-day event designed to test participants' aptitudes in various Paralympic sports, and identify athletes who could one day represent Canada at the Paralympic Games.

## What happens at the Search?

After registering and being welcomed by Paralympic ambassadors, participants will be asked to complete a health questionnaire and then go through a warm-up, followed by five or six physical tests. A fitness expert will be on site to answer any questions. The day generally runs from 9:00 a.m. to 2:00 or 3:00 in the afternoon.

## Who can participate?

Anyone from 13 to 35 who has a physical disability or visual impairment. Participants under 18 must have a parent or legal guardian with them on the Search day.



Discover How to Develop Your Potential

## What are the tests like?

Some tests will measure your body type (height, weight, arm span), while others will test your physical fitness, skills, power, strength and endurance. Recent tests have included sprinting by either running or wheeling, medicine ball throw, stationary cycling, and wheelchair agility.

## What if I can't do the tests?

Some tests may not be a good fit, but that's okay. Do as many as you can, and you may discover a wide range of sports that will be a suitable fit. If you use a power chair, please contact us before arrival so we can learn how to best accommodate you.

## Can I bring my service animal?

Yes! Please let us know ahead of time in your registration form so that we can best support you and accommodate your service animal.



Meet Athletes, Coaches and New Friends

## Can I bring a spouse or friend?

Yes! People from your support network are welcome, but please be advised they will not be allowed in the testing area during the tests. In some cities, there may be a viewing area available. When possible, the CPC will provide information sessions for friends and family.

## What else should I bring?

Besides athletic clothing and shoes, bring any equipment you need such as gloves, a brace, tether, or track chair, and a sweatshirt to stay warm between tests. Snacks are provided, but if you have any allergies, please let us know in advance and bring your own food.



## What Happens After the Paralympian Search?

Participants who demonstrate high athletic potential at the Paralympic Search could be selected for a local, provincial or national development program designed to propel athletes to the Paralympic podium.

Everyone who attends will receive information on different Paralympic sports and local opportunities. Athletes of all abilities can learn how to get involved in their sport of choice.

## How do I find out more?

Contact the Canadian Paralympic Committee to find out when the next Paralympian Search is taking place. The events are held in cities across Canada.

[paralympiansearch@paralympic.ca](mailto:paralympiansearch@paralympic.ca)

 (613) 569-4333